

Medical History Form

PERSONAL INFORMATION

Name: _____ Date: _____

Gender: _____ D.O.B.: _____

HISTORY

Exercise Frequency: _____ Exercise Type: _____

Do you smoke?: Y N Smoked in the past: Y N How Often: _____

Are you pregnant? Y N Do you have a pacemaker? Y N

Allergies: _____

Current Medications: _____

Have you had any of the following? (Circle all that apply):

- | | | | |
|------------------|----------------------|---------------------|-------------------|
| Arteriosclerosis | Circulation Problems | Hemophilia | Pneumonia |
| Arthritis | Drug Use | Heart Problems | Stroke/TIA |
| Asthma | Depression | High Blood Pressure | STD |
| Blood Clots | Diabetes | Lung Problems | Tuberculosis |
| Bone Infection | Epilepsy | Liver Problems | Urinary Infection |
| Cancer | Eye Infection | Low Blood Pressure | |
| COPD | Heart Attack | Multiple Sclerosis | |

Other problems/diagnoses: _____

Other surgeries: _____

Signature of Patient or Parent

Date